

Module Details	
Module Title	Personal and Professional Development 1
Module Code	PAR4503-B
Academic Year	2024/5
Credits	20
School	School of Allied Health Professions and Midwifery
FHEQ Level	FHEQ Level 4

Contact Hours	
Type	Hours
Directed Study	70
Lectures	10
Practical Classes or Workshops	4
Seminars	10
Interactive Learning Objects	5
Independent Study	101

Availability	
Occurrence	Location / Period
BDA	University of Bradford / Academic Year

Module Aims
<p>This module will enable you to develop the professional attributes and behaviours that are the foundation of professional practice, including working with a diverse group of people and maintaining a healthy work-life balance. This module will provide the foundational knowledge and skills for all academic and professional activities within the programme.</p>

Outline Syllabus

- * Introduction to Professionalism Health and Care Professions Council/ Chartered Society of Physiotherapy
- * How to demonstrate profession behaviour
- * Fitness to practice / self-care / resilience
- * Professional knowledge
- * Reflective practice
- * Communication
- * Legal and professional responsibilities
- * Ethics
- * Capacity
- * Safeguarding
- * Basic academic writing and assessment literacy
- * Academic integrity
- * Unconscious Bias
- * Neurodiversity awareness

Learning Outcomes

Outcome Number	Description
01	Understood, developed and applied the skills of reflective practice.
02	Demonstrated an understanding of professional behaviour and the importance of respecting others values and beliefs.
03	Understood how the professional and governing bodies inform personal professional development.
04	Explored and developed strategies for development of your own self-care, communication, digital and academic skills.
05	Completed mandatory training.

Learning, Teaching and Assessment Strategy

This module will engage you as an active learner. You will have access to a diverse range of learning resources to support your learning. You will take part in lectures and seminars, where possible these will be recorded for you to watch again in your own time. There will be many online resources and learning activities for your directed and self-directed learning. You will also be required to attend practical mandatory training such as Basic Life Support (BLS) and Moving and Handling in preparation for practice placement. You are expected to prepare for classes which focus on relating and applying established and emerging knowledge within the module. Seminars with small group working will enable you to apply knowledge through practical and clinical scenarios. There will be interactive opportunities, such as discussions and peer teaching. You will experience a blended learning approach that balances face to face and online learning and will include synchronous and asynchronous activities. Small group work will enable you to evaluate and honestly reflect on professional, study and self-care skills. There will be interactive opportunities, such as debates and peer evaluation. Practical elements will focus on skills needed to meet the requirements of mandatory training.

Lectures will deliver the fundamental concepts of personal and professional development.

Seminars - will involve a flipped approach by asking learner to engage with independent learning objects such as a video before the class session and devote in-class time to discussion. The aim will be to encourage active participation in these seminars. These will focus on self-evaluation and building on recognized areas for development.

Directed Study will provide you with reference points using a flipped classroom approach to investigate to familiarise you with the topic material which will be expanded upon in seminars and lectures. As part of your directed study, you will complete the e-learning for health modules, including Academic Integrity Assessment, Cyber Security Assessment and Active Bystander Assessment.

Practical?s will enable you to complete mandatory training necessary for practice placement. This will include manual handling training, Breakaway training, and basic life support training.

Formative assessment - will include peer in-seminar feedback that informs the summative assessment, is embedded into the module teaching, and provides opportunity for self-evaluation and peer feedback.

Summative Assessment - There are 3 summative assessments:

Assessment 1 - A blog that captures reflections on professional behaviour and responsibilities, strategies for self-development and self-care and reflections on the impact of your own values and beliefs.

Assessment 2 - completion at mandatory training.

Assessment 3 - completion of e-learning for health modules and submission of a certificate of completion.

Mode of Assessment

Type	Method	Description	Weighting
Summative	Coursework - Written	Ongoing reflection in BLOG form, with summary and action plan. (1500 words)	100%
Summative	Clinical Assessment	Completion of practical and e-learning for health mandatory training. (12 hours)	0%
Summative	Coursework - Portfolio/e-portfolio	Completion of University mandatory training e-learning package (3 hours)	0%

Reading List

To access the reading list for this module, please visit <https://bradford.rl.talis.com/index.html>

Please note:

This module descriptor has been published in advance of the academic year to which it applies. Every effort has been made to ensure that the information is accurate at the time of publication, but minor changes may occur given the interval between publishing and commencement of teaching. Upon commencement of the module, students will receive a handbook with further detail about the module and any changes will be discussed and/or communicated at this point.

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