



UOB NURSERY WEEKLY LUNCH MENU

WEEK 1

MONDAY

Pork or vegetarian sausages served with mashed potatoes, broccoli, and carrots in gravy.

Fresh fruit salad.

TUESDAY

Sweet and sour chicken stir fry served with prawn crackers and steamed rice.

Jelly.

WEDNESDAY

Roast chicken dinner served with Yorkshire pudding, mashed potatoes, green beans, and cauliflower in gravy.

Cheese and crackers.

THURSDAY

Mild chilli con carne served with steamed rice, pitta bread strips, and vegetable sticks.

Yoghurt.

FRIDAY

Tuna pasta bake served with sweetcorn, peas, and garlic bread.

Fruit salad.

WEEK 2

MONDAY

Individual muffin pizza or tomato and red pepper served with sautéed potatoes and vegetable sticks.

Jelly.

TUESDAY

Jacket potatoes with baked beans or tuna mayo or grated cheese served with vegetables sticks.

Rice pudding.

WEDNESDAY

Tuna fish cakes or vegetable cakes served with sweetcorn, pea mix, and garlic bread.

Fresh fruit salad.

THURSDAY

Spaghetti bolognese served with salad, garlic bread, and grated cheese.

Yoghurt.

FRIDAY

Grilled chinese chicken curry served with steam rice and prawn crackers.

Bananas and custard.

WEEK 3

MONDAY

Jacket potatoes served with chunky chicken casserole, or beans and cheese.

Apple crumble and custard.

TUESDAY

Chicken and leek pie served with mashed potatoes, carrots, and pears.

Yoghurt

WEDNESDAY

Beef or vegetable lasagne served with green beans, mixed salad, and garlic bread.

Fresh fruit salad.

THURSDAY

Jumbo fish fingers or breaded vegetable goujons served with mushy peas and potato wedges.

Fruit cheesecake.

FRIDAY

Cheese and broccoli bake served with garlic bread, carrots, and cucumber sticks,

Granola, fruit, and yoghurt.

WEEK 4

MONDAY

Salmon fishcake or vegetable cake served with sautéed potatoes, green beans in parsley sauce.

Banana loaf cake.

TUESDAY

Pork meatball pasta or mushroom pasta served with broccoli.

Yoghurt.

WEDNESDAY

BBQ sticky chicken or BBQ sticky quorn served with vegetable rice.

Cheese, crackers, and sliced grapes.

THURSDAY

Roast gammon ham or vegetable sausages served with mashed potatoes, peas, and carrots in a cheese sauce.

Trio of melon.

FRIDAY

Chicken supreme or cauliflower macaroni cheese served with green beans and sweetcorn.

Fruit salad.



Please raise any dietary requirements with the Nursery staff and complete the allergen form.